



Knowledge to lead

Icebreaker

Functions of Icebreakers

Openers/Icebreakers contribute four basic functions to a group:

- Individual development - by encouraging alternatives, coping mechanisms and thinking.
- Team building - bonding through the completion of a task.
- Networking while becoming acquainted.
- Icebreaking - reducing tension and breaking the link with the workplace by focusing the attention of learners to the classroom.

Basic Types of Icebreakers

- Openers/Icebreakers that get people talking to each other for better communication.
- Openers/Icebreakers that generate familiarity and cooperation through problem solving and successful task completion.
- Openers/Icebreakers that introduce concepts to be covered by the course in greater depth.



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